



# 10<sup>th</sup> Edition Sarawak International Pragon Boat Regatta 2024















# 10th Edition Sarawak International Pragon Boat Regatta 2024



KUCHING, SARAWAK, MALAYSIA 25th – 27th OCTOBER 2024



# INFORMATION BULLETIN 1

To: Dragon Boat Associations/Clubs/Teams,

GREETINGS FROM SARAWAK, MALAYSIA, BORNEO, LAND OF THE HORNBILLS

#### Introduction

Welcome to the land of the hornbills! Sarawak is located on the island of Borneo, the third largest island in the world, and north of the Equator. With its beautiful blue skies and tropical breezes, you can bathe in the sandy beaches and palm-fringed state of Sarawak.

### Kuching – the capital of Sarawak

Kuching means 'cat' in Malay. Like its name, this incredible city has its grace and subtlety on its own. A capital for cat lovers, the world's first cat museum can be found here. Kuching is safe, clean and has a surprising number of tourist attractions.

#### **Gallery**



#### 1.INFORMATION

The Sarawak International Dragon Boat Regatta 2024 is celebrating its 10th anniversary. The Ministry Of Tourism, Creative Industry & Performing Arts Sarawak (MTCP) wish to invite you to participate in the 10th Sarawak International Dragon Boat Regatta 2024 to be held from 25th to 27th October 2024 at Kuching Waterfront, Sarawak, Malaysia.

#### 2.REQUIRED TEAM/S

Each team of 20 crew boat to consist of 18 Paddlers, 1 Drummer & 1 Steerer, 1 Team Manager and 4 Reserves (25 pax).

Each team of 12 crew boat to consist of 10 Paddlers, 1 Drummer & 1 Steerer, 1 Team Manager and 2 Reserves (15 pax).

#### **3.COMPETITION CLASSES & DISTANCE**

The Racing Classes:-

- International Premier Open 20's
- International Premier Mix 20's
- International Premier Open 12's
- International Premier Mix 12's
- International Premier Women 12's
- ➤ International Masters Open 12's
- International Cancer Survivors Open 12's
- National Costume Race 20's

**Distance:** 300 metres races

Each participating team can have a maximum of only 2 teams per racing class (A & B)

#### **4.RACING CLASSES CRITERIA**

❖ INTERNATIONAL PREMIER OPEN 20'S	All of either gender.
❖ INTERNATIONAL PREMIER MIX 20'S	9 Male Paddlers & 9 Female Paddlers OR
	8 Male Paddlers & 8 Female Paddlers.
	Gender - Steerer & Drummer Flexible.
❖ INTERNATIONAL PREMIER OPEN 12'S	All of either gender.
❖ INTERNATIONAL PREMIER MIX 12'S	5 Male Paddlers & 5 Female Paddlers OR
	4 Male Paddlers & 4 Female Paddlers.
	Gender - Steerer & Drummer Flexible.
❖ INTERNATIONAL PREMIER WOMEN 12'S	All women except Steerer can be of either gender.

❖ INTERNATIONAL MASTERS OPEN 12'S	All of either gender.  Paddlers aged 45 and Above - Born in Year 1979 & Before.  Age - Steerer & Drummer Flexible.
❖ INTERNATIONAL CANCER SURVIVORS OPEN 12'S	Paddler maximum non cancer survivor should not exceed 5 crews.  Total number of male paddlers maximum 4 crews.  Drummer & Steerer flexible, can be of either gender and can be non survivors too.  Cancer survivors must show copy of diagnosis as proof.
❖ NATIONAL COSTUME RACE 20'S	All of either gender. All the participating teams are required to wear their national costumes during the race. Only selected teams will be invited.

#### **5.RULES & REGULATIONS**

The Sarawak International Dragon Boat Regatta 2024 will be conducted under the guidelines of IDBF Competition Regulations and Rules of Racing.

#### 6.PERSONAL SAFETY

All paddlers are expected to be able to swim 50m. All paddlers will be required to wear a PFD. Crews compete entirely at their own risk and must be "Fit to Race" under the IDBF Competition Regulations.

#### 7.INSURANCE

Personal insurance is encouraged.

#### 8.ENTRIES

The following table sets out the deadlines for entries:

Action / Documentation Required	Deadline
Provisional Entry Form	1 <sup>st</sup> MAY 2024
Indemnity Form along with Team List signed by all participating crews.	26 <sup>th</sup> JUNE 2024
Named Entries / Crew Photos List & Categories List. (Photos of every participating individual MUST be submitted latest by this date)	26 <sup>th</sup> AUGUST 2024

#### 9.PRIZES

Prizes in cash, trophies and medals Total cash prize – RM 100,000.00

#### 10.PHOTOGRAPHS

All crews are required to submit one passport-sized (4cm x 6cm) photographs of all competitors and managers. It is important to note that each picture clearly identify the name of the crew. All team leaders can use the photo submission forms for their crew lists. Accreditation tags will be given during team managers meeting.

#### 11.<u>OUTLINED PROGRAMME</u>

Wednesday, 23 <sup>rd</sup> October 2024	Test water @1300 hrs-1700 hrs. (For Local Sarawak Teams Only).
Thursday, 24 <sup>th</sup> October 2024	Crews' arrival. Registration at Harbour View Hotel lobby. Test water @ 0800 hrs-1200 hrs & 1300 hrs-1700 hrs. Team Managers' Meeting (1700 hrs) @ 1st Floor Harbour View Hotel. Technical Officials' Meeting (2000 hrs) @ 1st Floor Harbour View Hotel.
Friday, 25 <sup>th</sup> October 2024	Race Day 1
Saturday, 26th October 2024	Race Day 2 Opening Ceremony
Sunday, 27 <sup>th</sup> October 2024	Race Day 3 Celebration Dinner Presentation of Prizes
Monday, 28 <sup>th</sup> October 2024	Bon Voyage

The above programme is provisional and is provided to assist crews with their initial planning. The programme is subject to changes.

Competing crews are encouraged to arrive in Kuching not later than Thursday, 24<sup>th</sup> October 2024

#### 12.REGISTRATION

Interested teams kindly send your request to the General Email as stated below or contact any of the Person-In-Charge as stated. Please note that entries may close earlier than the given closing date once quota is full. Therefore, we encourage prompt submission of Provisional Entry Forms.

# 13. CONTACT INFORMATION

Contacts : MS. GIRLIE TAN

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or

MR. JASVIN

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or

MS. SUZIEANA (Teams' Documents & Race Tags)

Mobile / Whatsapp : +6017-659 2046 Email : suzieana0814@gmail.com

General E-Mail: <a href="mailto:sarawakidbr@gmail.com">sarawakidbr@gmail.com</a>

