

14th Asian Dragon Boat Championships

Rayong – Pattaya, Thailand 16th to 21st November 2022

Organised by:



TECHNICAL BULLETIN

The information and regulations in this Technical Information and Championship Regulations Bulletin are extracted from, and where necessary supplement and enhance, the IDBF Competition Regulations, with which all competing crews are to acquaint themselves. In the event of a situation arising which is not covered by the IDBF Competition Regulations or the Championship Regulations contained within, the Chief Official will be responsible for investigating the circumstances and recommending appropriate action to the Championship Jury. If there is any inconsistency between the information contained in this Technical Information and Championship Regulations Bulletin and the IDBF Competition Regulations or IDBF Rules of Racing, the information contained in this bulletin will govern.

TEAM MANAGERS TECHNICAL MEETING & LANE DRAW

Friday 18th November 2022, (11:00 - 12:00)

Royal Thai Navy Rowing Center, Ban Chang District of Rayong Province, Pattaya, Thailand.

1. TEAM REGISTRATION

Team Managers will be able to collect their team ID card from the Organising Committee Office located at:

- a) 16th to 18th November 2022 at Grand Jomtien Palace Hotel, Jomtien Beach, Pattaya.
- b) 19th to 21st November 2022 at Royal Thai Navy Rowing Center, Rayong, Pattaya.

ID cards will only be provided to Team Managers once all outstanding fees have been paid to the Organising Committee (RCAT). Only USD will be accepted for any outstanding amount. It is recommended for efficiency if your National Team has any outstanding monies owing come prepared with USD cash or credit card is accepted to settle the balance.

2. Entries

With the good response we have received entries from 12 countries; Australia, Cambodia, China, Chinese Taipei, Hong Kong, China, India, Indonesia, Malaysia, Myanmar, Nepal, Singapore & Thailand. Summary of entries refer **Attachment A**.

3. MIXED CREW REQUIREMENTS

STANDARD BOAT CREWS – the crew must consist of a minimum of 8 and a maximum of 10 PADDLERS of either gender. (Drummer and Helm can be either Male or Female)
SMALL BOAT CREWS - the crew must consist of a minimum of 4 and a maximum of 5 PADDLERS of either gender. (Drummer and Helm can be either Male or Female)

The following table shows the composition of crews Standard boat

| + drummer and helm of either gender |
|-------------------------------------|
| + drummer and helm of either gender |
| + drummer and helm of either gender |
| + drummer and helm of either gender |
| + drummer and helm of either gender |
| + drummer and helm of either gender |
| |

Small boat

| 5 male paddlers / 5 female paddlers | + drummer and helm of either gender |
|-------------------------------------|-------------------------------------|
| 5 male paddlers / 4 female paddlers | + drummer and helm of either gender |
| 4 male paddlers / 5 female paddlers | + drummer and helm of either gender |
| 4 male paddlers / 4 female paddlers | + drummer and helm of either gender |

4. IDBF COMPETITION REGULATIONS & RULES OF RACING

For the Championship Edition 8.1(January 2020) IDBF Rules of Racing will be applicable and Edition 8 (January 2020) the Competition Regulations will be applicable. Crew Managers are advised to have a personal copy with them at the event and to ensure that their crews are conversant with these rules. In conjunction with the information provide in the Bulletins.

5. PROOF OF NATIONAL REPRESENTATION

Team Managers are to lodge with the Race Administration at the race venue in Pattaya a printed list of the athletes from their Club showing the Full Name and Home Address of each athlete, the Athlete's Club Membership Number. The printout is to be signed by National Team Manager concerned who is to add their Name, Status and Date to their signature at the bottom of the printout, with the words "I certify that the information detailed above is correct".

6. ID CHECKS

ID checks will be carried out during the Championships by IDBF Race Officials, to ensure that only those Competitors listed on the submitted Nations Names List are competing in the Championships and are also those shown on their respective competition class Crew Lists.

Competitors maybe be selected for random Drug testing.

7. THE CREW

The word 'Crew' is used to describe the competitors from a specific Crew in the National Team.

All Crews must race in their National racing colours (per rule CR1.4)

Although Competitors must be selected by their ADBF Member Associations, (where one exists) to attend the Championship. That is, ADBF Members must certify that the Team attending this Championship is financially viable and do not have a bad disciplinary record.

8. CREW NUMBERS

The maximum number in a Standard Boat crew under the Competition Regulations, is 26 (including 4 reserves). A full boat crew would be 22 including Drummer and Helm. The minimum number of paddlers in a Standard Boat is 18.

The maximum number in a Small Boat crew is 14 (including 2 reserves) A full boat crew would be 12 including Drummer and Helm. The minimum number of paddlers in a Small Boat is 08.

9. CREW LIST

Crew List will be required for each Crew in every Competition Class entered. Reserves shown on a Crew List may be used during any rounds of a competition, without further reference to the Race Officials.

Please note, there is a new design for the crew list. There are now spaces for 26 or 14 athletes. You no longer need to designate who the drummer, helm and reserves. If all names are included on the crew list, it does not matter their role. One of the named 26 or 14 names must be noted as the Boat Captain.

It is recommended Team Managers submit maximum name crew lists. Reserves are there to be used in case of emergency and should not need to be constantly added or changed after crew list has been submitted.

Crew Lists <u>must</u> be submitted to Race Administration at the end of each day for the next day's racing. (This will ensure crew lists are processed and forwarded to Marshalling in sufficient time prior to first race.) Only those Competitors shown on the Crew List will be permitted to race in that particular Competition Class.

Checking of Crews by Race Officials will be done using the crew lists and Accreditation ID Cards.

A reminder once crew lists are handed in to race administration, they cannot be changed (unless there is a medical situation). This is the reason for including reserves.

10. FIT TO RACE

You are advised that when signing the Crew List, the person signing is confirming with the Chief Official, that all the competitors shown on the list are **Fit to Race**. This statement covers not just the physical ability of the competitors to undertake the race concerned but it also means that the signatory is confirming that there are no known medical reasons why those listed should not compete during the whole period of the Championships. And that they compete entirely at their own risk.

To ensure that National Team Managers can sign the Crew Lists with confidence, you are advised that all competitors should have a medical certificate signed by a qualified doctor stating that there is no known medical reason why they should not compete in the Championships and are physically fit.

11. CODE OF CONDUCT (IDBF Disciplinary Code)

The Code of Conduct can be found in the Rules of Racing. The Disciplinary Code lays down a Code of Conduct for both Competitors and Officials covering behaviour before, during and after a dragon boat competition and therefore applies from the time that a Crew arrives in the geographical territory where the Championships are being held.

The Chief Official is authorised to take any necessary disciplinary action as laid down in the code. National Team Managers are to ensure that all their Competitors and supporters are aware of this Code and its contents.

12. NATIONAL RACING COLOURS

While under the control of the Race Officials, all Competitors must race in the national racing colours of the Member Federation they represent.

13. ADVERTISING ON CLOTHING AND EQUIPMENT

The advertising of a National Team's sponsor on competitors' racing apparel or personally owned Racing Paddles will be permitted subject to the following provisos:- That any such advertising is unobtrusive and tasteful (that is, of a design that does not cause offence to the public or cause the racing vest to become unrecognisable as the Teams National colours). One such advertisement will be permitted on the Racing Vest placed in such a position that it does not unduly disrupt, hide or negate the Team's racing colour design thereon.

Maximum Size. The maximum size of sponsors name and logo advertising that will be permitted on a Racing Vest shall be that which can be contained in a box measuring 20cm long by 5cm wide.

For competitors using personal Racing Paddles, that is those that comply with the IDBF Racing Paddle Specification 202a.

PADDLES. Your attention is drawn to the IDBF Racing Paddle Scheme (RPS). The scheme is designed to help ensure that when a competitor purchases a Racing Paddle, he or she buys one which is made to the IDBF Racing Paddle Specification -202a. Paddles supplied by manufacturers in the RPS will have a 202a logo and a License Number Paddle Mark or sticker shown on the face of the paddle.

The scheme also enables race officials at events to quickly and easily identify those paddles that are to specification and thus licensed for IDBF; ADBF and EDBF Championship Racing.

Competitors should bring their own Racing Paddles provided they are an approved Paddle. Officials will check paddles in marshalling to ensure they carry the 202a IDBF Registration sticker. Any paddle which does not display the IDBF registration logo and license number will be refused. A minimum number of paddles will be available to rent from the organising Committee.

14. DRAGON BOATS

The Championships will use 2 fleets of standard boats and 2 fleets of small boats. The boats are being supplied by Pei Sheng/BuK.

15. ADDITIONAL AND MISCELLANEOUS EQUIPMENT

Generally additional equipment designed to be added to the boat or personal or miscellaneous equipment designed to enhance the performance of the boat or a crew member shall not be permitted in this events. The exceptions to this are on board communications systems that operate purely between crew members and seat cushions for individual paddlers, provided they are made of a soft material, such as sponge or foam, which does not effectively raise the height of a seat or seats in a boat – see below. The Chief Official shall decide on additional and miscellaneous equipment not specifically covered by these Competition Regulations.

Note: It is not the intention of the Regulation to exclude equipment enhancements such as, strapping to a paddle to assist grip, Velcro fasteners for seat pads, sponges or boat bailers, foot pads for competitors' comfort or other items that are not performance enhancing or a risk to the safety of the members of the Crew or the crew itself.

Seat Pads. Dragon Boat Seat Pads (cushions) as described in Regulation 13.1 shall be made of a soft material, such as neoprene, of an approximate thickness of 15mm that will compress easily when

squeezed between finger and thumb. The width of the seat pad may vary in size and shape but shall approximate to the width of a paddling seat in the IDBF Standard International Racing Boat (12.5 cm) and the length should ideally, not exceed 20cm in width and 40cm in length. Seat Pads that excessively exceed these dimensions will not be permitted.

Water Pumps. The carrying of any type of pump in the boat, during a race, which is designed to clear a boat of water is prohibited.

Straps and Strapping. In the interest of crew safety, no additional fixtures or fittings, such as straps to fasten a paddler into the boat or onto a seat are permitted. The Chief Official may relax this rule for physically disabled competitors, if adequate safety systems are provided to ensure that such crew members can easily be released from the boat and rescued in the event of the boat capsizing.

16. PROTESTS and APPEALS

The IDBF Racing Rules concerning Disputes, Protests and Appeals can be found under **Rule 9** (**R9.1** to **R9.12**) of the Racing Rules.

Note: Protests will only be accepted if forms are correctly filled out with reference to race rule which Teams believe has been infringed. Forms not correctly filled out will be rejected. These forms will be available from the Race Administration.

17. COX VOX (boat sound system)

Due to the larger number of boats required for these Championships, the boats will not have pre-installed Cox Vox's. If your crew wishes to use a Cox Vox, then your crew will need to supply its own and ensure it can be installed and removed quickly for each race.

18. MEDALS & TROPHIES

Each racing class final will be awarded Gold (first), Silver (second) and Bronze (third) medals.

19. DISCIPLINARY MATTERS

Refer to the IDBF Rules of Racing – Edition No 7.

20. RACE PROGRAM

Race program refer to **Attachment B.** Hard copies of daily detail program will only be available from Race Administration.

21. TRAINING SCHEDULE

Allocated training schedule on 17th & 18th Nov 2022, please refer to Attachment C.

22. CLOSING PARTY

Closing Party will be held at the racing venue immediately after the prize ceremony for all CREWS, around 17:00 to 19:00 on 21 November 2022.