



3RD DUBLIN DRAGON BOAT REGATTA

SAT, 14TH & SUN, 15TH SEPTEMBER 2013

INFORMATION BULLETIN NO. 1

Dear Dragon Boat Friends,

Fáilte go hÉirinn or Welcome to Ireland!

The Dublin Dragon Boat Regatta will take place on the weekend of Saturday, 14th and Sunday 15th September 2013 at Grand Canal Dock, Ringsend, Dublin 4.

Location

Grand Canal Dock is located between the River Liffey and the Grand Canal in Dublin, Ireland's capital city. Since 2000 the area has undergone significant redevelopment as part of the Dublin Docklands area redevelopment project. Teams will enjoy relaxing in Grand Canal Square in the heart of this new development with an array of pubs, cafes and restaurants giving the area a real cosmopolitan feel. Boat Marshalling will be located outside the Waterways Ireland Visitor's Centre just off the main dock.

<https://maps.google.ie/maps/ms?msid=216788720282860420512.0004d4f9e9d471b7a5e1c&msa=0&ll=53.346657,-6.231523&spn=0.011862,0.037937>

Regatta Course

The racing course is set within an enclosed dock area and measures just over 500m in length and circa 150m wide with a water depth of 4m – 5.5m. The water is non-tidal and does not have a flow. The start and finish will be marked on and off the water. All starts will be free standing starts.





Competition Format

Saturday, 14th September 2013 200m Racing (International & Novice Crews)
Sunday, 15th September 2013 400m Racing (International Crews)
200m Racing (Novice Crews)

Boats and Equipment

The Event Organisers will provide up to 4no. IDBF standard racing boats – BuK or Champion manufactured boats will be used.

International competing crews are expected to bring their own paddles which must confirm to IDBF Paddle Specification 202a. The Event Organisers will provide a competition set of wooden Grey Owl paddles and plastic Ainsworth paddles should you not wish to bring paddles.

Rules of Racing

The racing will be conducted under the IDBF Racing Rules and Regulations and any conditions which are contained in this Bulletin.

Breast Cancer Survivors Competition

To be considered for this race category at least 80% of the crew, i.e. 16 paddlers must be breast cancer survivors.

Personal Safety

All paddlers are expected to be able to swim 50m in light clothing unaided or as a minimum be water competent in cold water. All experienced International paddlers will not be required to wear a PFA; however the IDBA will have a sufficient supply of YAK Kallista and Nookie PFAs should they be required.

Crews compete entirely at their own risk and must be “Fit to Race” under IDBF Competition Regulations.

Provisional Programme

Fri, 13 th September 2013	Crews Arrive Team Training if required
Sat, 14 th September 2013	Team Managers Meeting International Crews 200m Racing Novice Crews 200m Racing Prize Giving 200m Irish Shin Dig (Party) at Ely Bar



Sun, 15 th September 2013	Team Managers Meeting International Crews 400m Racing Novice Crews 200m Racing Prize Giving 200m & 400m
Mon, 16 th September 2013	Crews Depart

Accommodation

Each crew is to arrange their own accommodation. An accommodation list is attached for your use.

Transport

Transport to and from the airport is the responsibility of the team. All major hotels have free transfer buses to and from the airport, plus there is a local bus that runs from the airport to the city centre.

Transport to and from the race venue is also the responsibility of the team. Dublin has a good bus network and there is the Luas (tram system) that runs regularly. The majority of accommodation however is in walking distance of the course.

Food Package

There will be no food package offered. Grand Canal Quay / Square have a large selection of cafes, restaurants & supermarkets at the dock edges.

Fee Payment and Confirmed Entries

Your confirmed entries must be received by the Organising Committee by **Friday, 2nd August 2013**. Entries will only be accepted on receipt of the entry form and full payment.

Payment Details

Account Name: Irish Dragon Boat Association
Bank: AIB, 24, Bridge Street, Tullow, Co. Carlow, Ireland
IBAN: IE43 AIBK 9333 2508 3821 45
BIC: AIBKIE2D
Sort Code: 93-33-25
Account No.: 08382-145



Irish Shin Dig (Party)

Plurabelle Paddlers (Ireland's first Breast Cancer Survivor Crew) will once again be organising the Irish Shin Dig (Party) for Saturday, 14th September 2013 at Ely Bar which is located on the edge of the dock. Further details on the party will follow nearer the event. Just remember to bring those dancing shoes!

Main Sponsor

We would like to thank Waterways Ireland, our Lead Sponsor for once again supporting this event.



Yours in sport

Julie Doyle – Chairman
Irish Dragon Boat Association
www.dragonboat.ie

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